Protinella mango salad

Up to 15 min. | *Simple* | *Vegetarian*

Zubereitung

1. Mix all the ingredients for the salad in a bowl.
2. Puree the ingredients for the dressing in a blender and pour over the salad.

Zutaten

Ingredients for 1 portion:

- 1 pack of GOLDSTEIG Protinella Ball, in pieces
- 1 handful of mango pieces
- 1/4 avocado, in pieces
- 2 handfuls rocket
- 1 tsp pine nuts

Ingredients for dressing:

- 1 handful of mango pieces
- 1 tbsp olive oil
- salt and pepper
- chilli flakes