

Protinella sandwich



*Up to 15
min.*



Simple



Vegetarian



Zubereitung

1. Spread low-fat quark on both halves of the bread.
2. Arrange all the other ingredients on one half and place the second half on top.

Zutaten

Ingredients for 1 sandwich:

- 1 pack of GOLDSTEIG Protinella Ball, cut into slices
- 2 thin slices of wholemeal bread
- 1/2 carrot, sliced
- 3-5 radishes, sliced
- cress
- 2 tsp low-fat quark
- salt and pepper

