Protinella wraps with avocado and tuna

Up to 15 min.

Simple

Zubereitung

1. Mash the avocado, salt and pepper with a fork.
2. Mix the tuna with the cream cheese, egg, salt and pepper.
3. Place all the ingredients in the centre of the wrap and then roll up the wrap.

Zutaten

Ingredients for 2 people:

- 2 wraps
- 1 pack of GOLDSTEIG Protinella ball, in pieces
- 1 tin of tuna in oil, drained
- 1/2 avocado
- 1 boiled egg, cut into cubes
- 1/2 lime
- salt and pepper
- 2 heaped tbsp cream cheese